

BANKHEAD AND FIRTH ORTHODONTICS



Oakville – 5524 Telegraph Road (314) 487-1141

Sunset Hills – 3890 S. Lindbergh Blvd #115 (314) 843-5553

Eureka – (Rockwood) 54 The Legends Parkway # 161 (636) 938-7766

Invisalign Teen aligners fit into a teenager’s life—beautifully. Now teens don’t have to be self-conscious when they go to prom, take school photos, post pictures online, or participate in any of the other activities they love. Even better, Invisalign Teen starts working with the first set of aligners. So as time goes by, you can watch their teeth gradually get straighter and healthier!

Teens are smiling about Invisalign Teen because:

- They look great—in your yearbook, on Face book, or in family photos, it will be hard for people to tell you’re wearing the aligners. Even in person, they’re virtually impossible to see!
- They’re easy to maintain—when it’s time to eat, brush, or floss, simply remove your aligners. And, unlike metal braces, you can remove the aligners and eat whatever you want—pizza, apples, popcorn—it’s totally up to you!
- They’re more comfortable. Invisalign Teen aligners are made of lightweight plastic and custom-fit snugly around your teeth. And you won’t have to worry about the irritation and inconvenience of metal braces.
- They’re simple to remove—the aligners are easy to pop out of your mouth and put them right back in later. When it comes to sports, meals, parties, playing musical

instruments—you name it—Invisalign Teen is easily removable. So it’s easy to go for it!

Parents are smiling about Invisalign Teen because:

- You want what’s best for your teen. Invisalign Teen can help build your teen’s confidence—a beautiful smile may enhance their chances to succeed during social, educational, and career events.
- Because your teen doesn’t have to be embarrassed by wearing visible metal braces, they may be able to more fully concentrate on school, social events, dates, sports, and musical interests, and any of the other many activities a teen concentrates on.
- Since the aligners are removable, it’s easier for teens to brush, floss, and practice excellent dental hygiene—helping to avoid the tooth decay that’s sometimes associated with metal braces.
- Perhaps best of all, Invisalign Teen aligners work. They use the same Invisalign technology that doctors worldwide have used to treat more than three quarters of a million patients who have wanted better smiles. Shouldn’t your teen’s smile be next?

Summer Recipe Mango Fruit Smoothie

Ingredients

- Ice cubes
- 2 mangoes, peeled, seeded and chopped (or any other type of fruit)
- 3 scoops frozen vanilla yogurt
- Orange juice

Directions: Add a handful of ice cubes to a food processor or blender, and blend slightly. Add mangoes, frozen yogurt, and a splash of orange juice. Process/Blend until smooth. Serves 1-2.

DID YOU KNOW THIS ABOUT OUR STAFF?

- ∞ Not only is Amanda Sellman one of our great Orthodontic Assistants, she also did her internship at our office and was immediately hired.
- ∞ Amanda graduated dental assisting school at Missouri College.
- ∞ Amanda attended and graduated from Oakville High School in 2005.
- ∞ Amanda’s cousin, Missy, is also one of our orthodontic assistants.
- ∞ Amanda likes to play sand volleyball in her spare time.
- ∞ Amanda’s boyfriend James is a St. Louis City Police Officer.
- ∞ Amanda has a little Chihuahua dog named Ava.



Remember to give us your email address so that we can add you into our T-Link System!

On our website through T-Link you can:

- * Check Appointment Dates
- * Check Account Balances
- * View Past Payments and Charges
- * Print Statement History

Do not forget the food list!

- No gum
 - No popcorn
 - No pizza crust
 - Thin sliced apples
 - -No peanuts
 - No hard bagels
 - No hard or chewy granola
- (If need full food list copy please ask an assistant.)
Please call the office when anything is loose or broken to avoid overlapping appointment time!